

Secondary intention

Your wound has not been stitched; it will be healing by what is called “secondary intention”. This means it will be healing on its own. Because the wound is not stitched together, you will see bloody (pink/red) drainage on the bandage until the wound is completely healed. This may take several weeks. This is normal and expected. Please be patient.

Today:

1. Apply ice (on/off-every hour for 15 minutes) to the area to reduce swelling, bruising and discomfort
2. Tylenol may be taken for minor discomfort
3. Restart your aspirin on _____. Restart your Coumadin or Plavix on _____
4. Do not go to work today

Tomorrow:

1. Remove the dressing
2. Shower as usual
3. Dry the wound
4. Apply a thin layer of ointment (circle) Bacitracin/Aquaphor/Bactroban
5. Cut a piece of Vaseline gauze to the size of the wound and apply
6. Cover the gauze with more of the above circled ointment 3-4 times daily. Only change the Vaseline gauze once a day
7. Repeat daily

It is very important that the wound not be allowed to dry out. By following these instructions carefully the healing process will not be delayed.

If you have any questions or concerns please call the office at (401) 751-7546